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Tik Tok: Ruining your life? *by Journalism Student*



Internet user's top charts social media platform. Tik Tok is a social media app where you can make funny videos, lip-sync to songs, and do viral dances. Some people think that Tik Tok is an excellent app, while others believe that it takes up too much of your free time and forces you to be on a screen for too long. Zivon Aguirre says, "I think it brings joy to people and our society. It's a really good stress reliever, and it helps me through my tough times."

A problem with Tik Tok is that users are obsessed with getting on the "For You" page and getting famous. Bridget Martin has 15.2K followers because she got on the "For You" page. She says, "I think some people get a little bit obsessed with it. They spend too much time on it, and they worry about how many followers or likes they have. Personally, I only do it when I'm bored and don't have anything else to do," Some kids even make Tik Toks during class.

This is not good because they are not learning valuable information. We interviewed Mr. Z, and he said, "I've seen students make Tik Toks before and after class, but never during class. But, my students talk about it at least a few times a week,"

On Tik Tok, there are lots of stereotypes. You have probably heard of some, including a VSCO girl/boy, and E girl/boy, and a soft girl/boy. Zivon says, "Tik Tok is mostly taken over by VSCO girls. I think that VSCO girls are going to take over the world and the core of the earth will be a scrunchie."

Tik Tok is banned in India due to inappropriate content and the fact that if your account is public, people can go on it and leave hurtful comments. Also, when you download the app, your account is public by default, and you can be tracked down by strangers.

So, if you don't want your life to be ruined, don't download Tik Tok.

Should school start earlier? *by Journalism Student*



7:55, 8:30, 7:30, 6:40, and 9:15 are just some school start times. These times are very different. The times vary from 6:40 to 9:15 am. I believe school should start later. Studies have shown that people with later start times do better in school. They get more sleep and get better grades.

Sleep experts determined that middle schoolers go to bed at about 11:00 pm and wake up at 8:00 am not on a school day. But with school, they might have to wake up as early as 5:00 am. That leaves only 6 hours of sleep. The average middle schooler needs from 8 to 9 hours of sleep. If they are tired, they might not participate as much as they usually do. That would affect their learning and knowledge. When they don't

participate, it will make their grade go down, which will hurt them in the future.

People might ask, why don't they go to bed earlier? Well, teens may not be able to go to bed as early as little kids, older adults, or elders. Another reason is they might have after school sports and homework. Many schools give out homework, and some give out too much. Teens have to learn to balance their school life with their after school activities. Once teens do their after school activities and come home, it might be too late. For example, they could go home at around 7:30 pm or 8:00 pm. Then, they have to do their homework, and they get to bed too late.

Only 15% of high schoolers and middle schoolers start school after 8:30. I believe all schools should start later. 15% isn't enough, let's turn that 15% to 100%.

Table tennis player with no arms *by Malloy Wiens*



Ibrahim Hamadtou is a table tennis player from Egypt. Except he has one condition, he has no arms. Ibrahim had an accident when he was three years old and lost his arms.

He loved table tennis, but he was unable to play it due to his condition. He tried to play with the paddle under his armpit, sadly that didn't work. So he resorted to playing with it in his mouth.

Ibrahim went to the Paralympics in Rio 2016. He lost both matches that he played but still showed a significant amount of courage and heroism for those

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who are scared to do what they love. Other olympian table tennis players said that Ibrahim showed a considerable amount of skill during their match and that he is a great player.

This is an excellent inspiration for people with disabilities. His actions show determination, courage, and hard work. Ibrahim would not let anything stop him from doing what he loved, even when it seemed impossible.

Pay-to-play-law *by Alijah Williams*

Have you ever wondered if college players should be paid? Currently, they are trying to pass a law that allows the players to make money on their name; for example, they could sign endorsements like for a big shoe company like Nike or Jordan.

The law has been passed in California already, and it begins in 2023. Governor Gavin Newson signed the bill into law on Monday of last month. The



law is called pay to play. The bill could face legal challenges from opponents of the law. Pay to pay allows college players to make money for their schools. One player that supports the law is Lebron James. The idea is to give fairness and civil rights. NBA players believe that the college players are getting ripped off. It also can help female athletes who have limited opportunities for pro sports after college. The National Collegiate Athletic Association, or NCAA, is studying potential ways for college players to make money. Athletes can't be paid for

sports skills. Athletes can't make contracts conflicting schools like if the school has a deal with Nike, the players cant sign with another shoe brand.

The NCAA lets players accept money in some cases; for example, a college player can receive \$10,000 in prize money. Olympians can also earn the prize money. Many believe that college athletes should be compensated; some have other opinions. Some believe it is unfair because people get a scholarship in which one year in college is worth 50,000 dollars. In conclusion, I believe that this is fair and right. I've always thought that college players should get paid for their hard work and effort they put in..

"Around the World in 80 Days" *by Nathan Perry*



"Around the World in Eighty Days" is an exciting and well-written novel by Jules Verne. It was published in 1873 and was Verne's 11th Extraordinary Voyage. While "Twenty Thousand Leagues Under the Sea" may be Verne's masterpiece, "Around the World in Eighty Days" is his most famous. During Verne's lifetime, it was an absolute sensation, and many people thought the story was happening, based on the excerpts from the book in newspapers.

The story is about a wealthy man who lives in England in the 1870s named Phileas Fogg, who acquires a new servant named Passepartout, a well-built

Frenchman. Phileas Fogg is a very exact man, and when he makes a bet of 20,000 pounds he can go around the world in eighty days, Fogg and his servant leave almost immediately, with a hefty amount of cash. As they travel around the globe, they embark on incredible adventures, meet people, and race across the world to beat the deadline. After personally reading the book, I would recommend it for a highly accomplished reader. After Fogg and his servant embark on their journey, they cross India, end up in Japan, voyaged the Atlantic, and cut across America. All the while being pursued by a Detective who believes Phileas Fogg is responsible for a bank robbery.

After some incredible plot twists, the novel concludes in a thrilling ending (that I won't spoil). This book is a fascinating read and would recommend it to a reader who is into higher-level reading. I hope you found this review helpful and that you will be interested in reading "Around the World in Eighty Days."

School Sports News:

7th Grade Girls' Soccer (Gold)

The 7th Grade Girls' Soccer team played Branciforte Middle School at Branciforte. The team dominated play throughout the game and hit the post several times. The girls played with confidence and were able to put one into the net and came away with a 1-0 victory.

6th Grade Girls' Soccer (Purple)

Yesterday under cloudy skies at Good Shepherd, the NBMS Purple team lost 4-1 in an exciting game against Mission Hill. Adeline Vaughn-Jones was the lone goal scorer for NBMS. Highlights included an amazing save by Rebecca Aiello and strong play in the middle by Taylor McDonald.

6th-grade Boy's Basketball

6th "Purple" took on 6th "Gold" on Wednesday in an exhibition game. Both teams played well with team "Purple" coming away with the win.

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